

Waiatarua Community News

900 copies

October - November 2004

We've Got a New Kitchen Fit for a Chef



The Waiatarua Community Hall has its long-awaited new kitchen.

Documents related to the upgrade of the kitchen go back a number of years. When the current committee took office earlier this year Wayne Maguire took on the task of managing the hall and with that the paper trail of the kitchen upgrade. Wayne obviously pulled the right strings as in March this year meetings were held with architects and planning staff, and when Wayne left the WRRRA in August we were awaiting the arrival of contractors on site to start the renovations.

It was my pleasure to be at the final hand-over a couple of weeks ago. I would like to acknowledge the work done by Rod, Dave and Lindsay in keeping the project on track from the time Wayne moved on. They were collectively responsible for selecting the colours, final layout and keeping in touch with council staff. Our consolidated thanks to the WCC and in particular Duncan Miller for his efforts in coordinating everyone and keeping the project ticking along.

With the new kitchen ready to go, we are also pleased to let you know we have new people looking after the custodial services for the hall. Welcome aboard to Jan, Paul and Michelle. The team will make sure that this facility is in tip-top condition and that your next event will be a very pleasant experience. If you are interested in inspecting the community hall complex to see if it is suitable for your purposes, phone the WRRRA inquiry line on 814 9353 and leave a message. We are keen to put the hall to good use for the community. Our first event is planned for Thursday 18th November so come along - meet the team, see the new kitchen and be informed by the experts on some very important and interesting topics.

-Korstiaan



Solar Speed Signs Milestone at Waitakere

Waitakere Primary School will be the first school in the country to use solar-powered 40km/h flashing signs, due to be installed in November.

Following new government legislation allowing councils to set speed limits, Waitakere City Council has set a school zone speed limit of 40km/h at Waitakere Primary on Bethells Road, before and after school, when the solar signs are activated. At other times, the speed limit will return to 50km/h.

The variable 50 to 40 speed limit was trialled voluntarily with great success at Waitakere and Christchurch schools over the last three years.

Waitakere's Senior Road Safety Co-ordinator, Kitch Cuthbert, says the voluntary 40km/h around schools was well supported by police and community.

"Even without legislation, communities are able to safeguard their children around schools by opting to lower the standard 50 km/h speed limit to 40km/h.

At Waitakere Primary, we have gone one further by legislating to vary the speed limit. There is international evidence that by creating dedicated speed zones around schools there is a direct impact on children's safety. In Canada, the limit around schools at all times is 30km/h, and in Australia the limit is 20km/h during drop off and pick up times," says Mrs Cuthbert.

In readiness for the 40km/h solar signs launch later this month, traffic calming measures around Waitakere Primary have involved both Waitakere City and Rodney District Councils - Waitakere Primary is on the Waitakere side of Bethells Rd, while the land on the other side is in Rodney.

The process of altering high-speed environments around schools is only part of the package of solutions used by traffic engineers at Waitakere, in collaboration with the community. Another successful traffic calming measure: working with clusters of schools to stagger start and finish times.

At Waitakere, three semi-rural schools (Waitakere, Oratia and Henderson Valley primary schools) are most suitable for the solar powered flashing 40km/h signs because they are sited in areas where there is the potential for high speeds. "The 40km/h legislation a huge step forward - particularly when you consider that Waitakere's Chief Executive Harry O'Rourke has taken a 40km/h remit for schools to the Local Government Conference two years running and it was thrown out - by rural communities," says Mrs Cuthbert.

For more information, call Kitch Cuthbert, Senior Road Safety Co-ordinator at 836 8000 ext 8873 or 021-378926.

Opinions expressed in this newsletter are not necessarily those of the Editor or the Waiatarua Ratepayers and Residents Association.

WAIATARUA RATEPAYERS & RESIDENTS ASSOCIATION

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From the Editor

Wow, these months come around fast and now Christmas is almost upon us once again. It will soon be time for a holiday break - time to cast aside the work attire and slip into something more comfortable.

Although our contribution to producing this publication keeps us busy (in addition to our fulltime jobs), Kor and I really enjoy working together on a rewarding common project. As a bonus, a gem or two comes our way every month from someone in the community and we are either 'touched' or at least better informed.

An interesting comment from a neighbour recently came as a 'wake-up' surprise however. The conversation was in fact about the Waiatarua News, and it came to light that this particular resident was unaware of the link between our newsletter and the Waiatarua Ratepayers & Residents Association. Thinking back on my initial entry into this neighbourhood, I think it was all a bit fudgy for me then too. I probably thought 'Who are these people playing newspapers? Have they nothing better to do? They must be retired, and bored out of their trees!'

But hey, yes hello. . . yoo hoo. We belong to the WRRRA committee and just one of our roles happens to be putting together the Waiatarua News. So you see, it's a community publication for everyone. Anyone can contribute in any way at all. We promise not to rope you into anything else!

Do you read the Western Leader, even though it isn't delivered up this way? Well, The Waiatarua News is your mini Western Leader. Community newspapers are a such great medium for folk to keep up to date with local issues or air their own views.

Please step forward if you have a letter for print, or maybe you'd like to contribute a regular monthly column? We welcome every one of you - young, old, big, small, any member of the Bloggs family, immigrants or overstayers, christians and athiests, all cultures, all people.

Until next time, *Robin*.

BRICKBATS and BOUQUETS

Sponsored by the Fairy FlowerShop,
423 Titirangi Road, Titirangi Phone 817 3780

This month we have two lovely **bouquets** to give away. The first goes to Kevin Healy for his ongoing support and expertise offered to the WRRRA. Even though Kevin is not actually a committee member he has attended many of our meetings and assisted us in so many ways. We know what a busy man you are Kevin and really appreciate the time you have given us. "For he's a jolly good fellow..." Secondly, we would like to send a **bouquet** out to Pauline Isaachsen for her long-reigning stint on community hall duties. Quietly working in the background, Pauline saw to the smooth overall running of the Waiatarua Hall. Thanks a bunch Pauline - enjoy your well earned rest!

We are very pleased to report that absolutely **NO brickbats** came to our attention this month, which hopefully means everyone has been kind and considerate. Great news for sure. Let's keep it up.

Congratulations Gill !

On Sunday 10th October the Waitakere City half-marathon and 11 km fun run was held. The winner of the Women's half-marathon was a lady from Waiatarua - **Gill Mead**. She did it in a time of 1:33:20 (1hr33min20sec).

GARDEN GROUP

On the 3rd of November we are planning to have a great day out in the Coatesville area, where we will visit three lovely gardens. We are meeting at Melia Park at 10.15 am. An early lunch will be at Simply Divine Cafe and Gallery in Coatesville. Later we will see Brookgreen Park and Oakridge Farm. Entrance fees are \$12-00.

Please contact Margaret on 814 9859 so transport and car pooling can be arranged and numbers taken for the cafe booking.

Every community has its unsung workers - people who put in the extra hours to do stuff behind the scenes. One of those people in Waiatarua is Pauline Isaachsen, who has over many years been responsible for taking the bookings and making all necessary arrangements for events held at our community hall. . . together with the cleaning and upkeep. Pauline has decided it is time to move on, so we now take this opportunity to extend our sincere thanks for all her hard work and the willingness she demonstrated in looking after things. Thankyou so very much Pauline. And what are you going to do with all that free time?

- Tony Bacon

From the President

"Streets Full Of Houses And No-One There, Everyone Has Gone To The Moon!" . . . or so it seems. Not a single response to last month's request for your input of social activities for Waiatarua. This is very much a pro-active committee but we need your input. Perhaps nobody reads this report.

"Times They Are A Changing" - Pauline has taken a well-deserved retirement as Hall Custodian, and from us all a big thanks! Michelle, last months minute taker, has joined us as a full committee member, secretary & hall custodian. That's what you call boots n' all. Jan & Paul are our new hall caretakers. The drama group is under way - thanks to Lyndsay Whittle for being the driving force behind that. Frank Hogsden is making steady initial progress on the 2006 Autumn Festival. Don't forget to have a practice run growing those pumpkins etc. this year.

"I Heard It Through The Grapevine" that Ratepayers & Residents Committees are thought of as a pack of "BORING OLD FARTS". Well, we give you the opportunity to find out otherwise. On Thursday the 18th of November you can find out about Police, Fire, Neighborhood Support, Noxious Weeds and Community Board; view our brand-new flash kitchen and meet the committee all in one night. So set the video to tape Coronation Street / Will & Mary for me, and come along. See enclosed promotion Who, What & Why, and please let us know you are coming as these presenters give up their spare time for us.

"That's All Folks" - Dave

This year the Auckland Regional Council has undertaken an exciting project, which will see the internal displays at the Arataki Visitor Centre re-designed.

The project will require us to close the Visitor Centre for safety reasons while the old displays are removed and the new ones installed.

The centre will be closed from Monday 4th October to Friday 19th November.

A temporary information stand in the Education Centre at Arataki will be open each Saturday and Sunday and Labour Day from 10am until 4pm.

Outside of these hours, information will be available by phoning the Waitakere Ranges Regional Park headquarters on (09) 817-0077.

We look forward to welcoming you to our new, improved Visitor Centre and trust that you will enjoy our wonderful displays.



Report ARC Pest Liaison Meeting

6 October 2004

No Spray Register - Owner of properties who do not want chemicals used adjacent to their homes. Residents can register, but must take responsibility for eradicating weeds not sprayed. Also, residents with allergies or concerns about use of agri-chemicals can register and be notified 24 hours prior to any planned spraying in area.

Play and Win - Where am I ?



If you do know where this picture was taken, write the answer on the back of an envelope and place it in the letterbox at the Community Hall 911 West Coast Road or email it to korprins@xtra.co.nz

If this month's picture seems somewhat obscure in black and white, why not go online and have a look at the newsletter at www.waiatarua.org.nz From this month on we will publish all pictures in the online newsletter in colour. The winner of last month's competition was Graham Poole who correctly answered that the road sign was located on Mountain Road opposite the entrance to the fairy falls walk. This month's prize will grace your garden, congratulations.

The Arataki Rangers Roundup

There is a lot going on in the Waitakeres at the moment! We are in the midst of revamping the displays in the Arataki Visitors centre. The centre is due to re-open on the 19th of November and will look great when done.

Our nursery is coming into seed-collecting season. The team will be out and about collecting seed from various plants as they become ready.

Zigzag Track in Titirangi is currently being upgraded. It is getting a long needed overhaul and will be great for walking when done. The project is due to be completed by December (weather permitting). Rabbits are proving to be a major problem in our nursery and gardens, and a control programme is starting.

We are also hoping to complete the Arataki Visitor centre gardens in the next month. All the tracks in the Arataki area have been cleared of tree falls in the last month so get out for a nice walk!

We are planning to focus our efforts in the summer months at Rose Hellaby House in the gardens. There is a lot to do up there but we are aiming to have the place looking great by the end of January.

We are constantly striving to make the Waitakeres a special place for present and future generations. Come and help us by volunteering on any of the various projects going on in the park, from weed and animal pest control to gardening and track work. Contact us on the Rangers' station phone if interested.

Arataki Rangers Station - Ph: 817-0099

Ka Kite - Arataki Rangers

Walk of the Month

This month's walk is a simple, short but rewarding one - The Arataki lookout track.

The walk leaves from in front of the Arataki Visitors Centre on Scenic Drive in Titirangi. It heads uphill for about 50 metres to a lookout point which has spectacular 360 degree views. The track is in good condition and can be done in sneakers.

The other added bonus of this walk is the amazing sculpture on the lookout, commemorating the creation of the Centennial Memorial Park. The walk is ten minutes return - enjoy!



Hours of Opening

Thursday	10.00am - 12.00pm
Friday	7.00pm - 8.00pm
Saturday	11.00am - 12.00pm
Sunday	11.00am - 12.00pm

WAIATARUA COMMUNITY LIBRARY

911 West Coast Road, under the Community Centre. Phone 814-9353

This month in the library we have several new books by NZ authors. These include "Book Book" by Fiona Farrell, Lloyd Jones' "Paint Your Wife" and a great cooking book for the kids... "Easy Peasy Very Cheesy" by Jo Seagar. We also have the latest crop of mysteries and similar by popular authors (Sue Grafton, James Patterson, Fay Kellerman etc.); and last but not least, amongst other new listings, is "Lion in the Bedroom" by Pat Cavendish O'Neill. Good reading.

Waiatarua Rainfall (September 2004)

	Rain Days	Wettest Day	September Total	Year to Date
Mountain Road	22	25th (27 mm)	176 mm	1454 mm
Brabant Road	22	24th (36 mm)	160 mm	1510 mm
Quins Road	21	24th (30 mm)	133 mm	1318 mm
Forest Hill Road	14	25th (27 mm)	147 mm	--
Auckland City			68 mm	937 mm

Those Were The Days...

By Tony Bacon

In the course of some historical research (oh, all right, Jean asked me when I was going to sort out that pile of papers), I found myself going through back issues of the Waiatarua Community News. To my amazement I found I actually have a copy of every issue back to March 1988 - bar two. It actually makes quite interesting reading.

There had been a newsletter before then, published I think on a fairly informal and irregular basis, but all records of that have been lost in the midst of time.

My first issue as editor was in March 1988, and this is what I said on the front page:

HELLO, GOOD EVENING AND WELCOME

Well, I did what they say you should never do - I volunteered to be the new editor of our Newsletter. The committee's muffled laughter and cries of 'poor, misguided fool' are still ringing in my ears. Whether this turns out to be a burden or a joy depends largely on you, fellow dwellers in these green and pleasant hills. A newsletter can be a dry series of notices about meetings and admonitions about litter, ginger plant and other nasties or it can be a way for the community to exchange ideas, entertain itself and foster that nebulous thing called 'community spirit'. If you provide the goodies, we will try and print them. We have one such offering this time, with a poem about ginger plant from that world-renowned poet, Anon. Let's have lots more for future issues.

Since then, there have been recurring themes: ginger, the state of the roads, complaints about rates, exhortations about paying subscriptions. The newsletter provided a forum for some lively correspondence during the time the Waiatarua Mast was slowly frying residents on Scenic Drive, and for a while we seemed to have a continuing love/hate relationship with the local dogs. There was the infamous threat of legal action by the "Go Waitakere" mob (I still don't know why we didn't just tell them to go and take a jump). We've had puzzles and competitions and the occasional cartoon.

Have we lived up to the hopes in that first editorial? Only you can judge that dear reader, but the fact that we are still going strong must mean something!

There have been six editors: me (March 1988 to February 1992), Margaret Blumhardt (March 1992 to February 1998), Carlene Receveur (April to December 1998), Michael Griffith (December 1998 to June 1999), Jo Hall (July 1999 to March 2004) and of course now Robin Essex.

Providing great support has been Longley Printing who have printed the newsletter free of charge for all those years, and Carol who has also been the main layout and assembly agency for much of that time.

If anyone has any information about earlier newsletters, I would love to hear from you. In addition, if there are any hoarders out there who have copies of the November 1993 or March 1998 issues and would be willing to part with them or let me copy them, I can be reached on 814 9860 or tony.bacon@sthw.co.nz.

Letters to the Editor

Dear Waiatarua residents,

A big thank you for your support in voting me on the Waitakere Community Board. I am really looking forward to getting stuck in, and I am fortunate indeed that I will be part of a great working team. I hope to keep you up to date with regular news from the WCB in the Waiatarua Community News. Please do not hesitate to contact me, either via email; monique@intersol.co.nz or phone/fax 818 5588.

Regards

Monique Davis

From the Editor

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Notice Board

Notices are free to financial members 2004, January to December. A list of financial members is available at the library, and any queries about membership can be answered by phoning the treasurer - Rod Mauger on 814 1831

Repeat commercial advertisements of members will only be printed as space allows

BABYSITTER: mature, honest and reliable lady. Experienced. \$10 per hour. Phone Juliette on 0274-875-805.

BED AND BREAKFAST - ATARUA GARDENS: no room for your out of town visitors? Contact Carol and Denis. Phone 09 814 9706 or 025 283 7544

BREASTFEEDING SUPPORT AND INFORMATION: please call your local La Leche League leader, Adith on 818-7728.

CLEANER: experienced cleaner available evenings and weekends for domestic cleaning. \$16.00 per hour. Phone 0274 875805.

COFFEE MACHINE: Sunbeam espresso as good as new seldom used still with six months guarantee \$ 170.00 Phone 814 9684

CREAM FOR JOINTS, MUSCLES, BRUISES: essential oils and all natural ingredients. Phone 814-1868.

DEEP FRYER: Black and Decker stainless steel unused Christmas gift \$ 45.00 Phone 814 9684

JP - MARY KELLY: for all personalised weddings, re-affirmation of wedding vows, ceremonies of commitment, naming ceremonies, MC, Chair for public meetings etc. Phone/Fax 814-9857.

HEALTH: for healthy, fast weight loss; nutritional and personal skin care products: contact Linda, your independent Herbal Life Distributor on 818 8949 or roglin@paradise.net.nz

HEALTHY AND WEALTHY: Access the world's finest Nutritional Supplements to Pharmaceutical grade. 100% potency guarantee & superior ingredients. Utilise this as a business to generate unlimited residual income or be a customer. Phone 0274 875 805.

KENDRICK PAINTING & DECORATING: for quality and service. Phone Graham on 837 1612.

LANDSCAPER: for experienced, professional landscaping services (including paving, concrete, retainer walls, fences, decks, gardens/plants, water features) at a competitive price, contact Bevan on 837-1992 or 021-375 707 or at totaland@ihug.co.nz

LAWN MOWING: Local reliable. Phone Eric 837 2333.

LODGE - AUCKLAND'S WAITAKERE PARK LODGE: open Thursday to Sunday for lunch and dinner. Now open for Sunday brunch from 10am. Enjoy the log fires in our luxury lounge bar, magnificent views and dining on the deck. Phone 814-9622.

MASSAGE - LIFESTYLES MASSAGE THERAPY: providing therapeutic, sports and relaxation massage in a safe, professional environment. Phone Doug Maynard on 814-8981 or 021-543-302.

YOGA - FAY'S CLASS: for true fitness and relaxation Phone 837-7794

NATUROPATH - your local Naturopathic Clinic at Waiatarua Phone 814-8881. For menstrual, digestive problems, low energy, frequent colds and flu etc.

OTIMAI: Events and training centre is available for hire (Guides Auckland) and is open to view by appointment. Please phone Cherie and Graham to view 814 9992 or 638 9060 for bookings.

PLANTS: taros, bulbs, cannas and various perennials for sale. \$1 - \$3. Also some shrubs. All sales for charity. Phone Margaret 814-9859.

ROOFING AND SPOUTING: free advice, consultation and inspections, 28 years experience. Quality new and reeroofs, repairs, spouting etc. Onduline organic and non polluting roofing, gutter leaf protection Ph Mark 812-8337 or 025-958-058.

SECURITY: FIRST CITY CARE SECURITY SERVICES. For all your security requirements. Ph Greg on 814-9954. Mobile 021-356-066. Email gregmccgee@firstcitycare.co.nz Website www.firstcitycare.co.nz

SITUATIONS VACANT: Piha Preschool is looking for casual relievers. No experience necessary, just enthusiasm for kids. Please contact Ann Mayn 812 8938

THERAPIST/COUNSELLOR: Marguerite Laing BSP. Reducing the effect of conflict, stress, eating disorders, communication difficulties; and liberating energy to bring serenity and clarity. Phone 814-9889.

THE NIKAU CLUB: Bar, Café, Restaurant. Monday closed, Tuesday - Friday open midday till after dinner, Saturday/Sunday 10.00am till after dinner. New chef/new menu. Children welcome. Phone 814-1919.

TOASTMASTER: meetings held on every other Tuesday morning from 7.00 till 8.20 AM - more information call Adith Stoneman 818 7728

TOYS - FABULOUS WOODEN TOYS: have a look at our website www.creativetoy.co.nz for amazing wooden toys imported from Germany and Switzerland. Free delivery in Waiatarua! Phone 814-9903

VET - WEST COAST VET CLINIC: offering full veterinary service for your pets. 24 hour service Phone 818 4104

WAIATARUA USA: University of the Third Age Friday the 5th November 10.00am at the Waiatarua Community Hall - Topic: Paintings influenced by NZ Rock drawings! - Info Shirley Tomlinson Phone 814 8938 We look forward to seeing more locals keen on contributing to our research and discussion. Come and observe for our last 2 sessions for this year!

WAIATARUA MUSIC STUDIO: There are some places available on Saturday mornings starting 6 November For more information please call Celia Wood-Calvert at 814 9660

WAITEMATA TECORIAN SPEAKERS: Gain confidence, communicate more effectively, extend knowledge, stimulate imagination and have fun at the same time. We meet at the Titirangi community centre every second and fourth Tuesday evening at 7.30pm. Men and women are welcome. Contact Margaret on 817 0520 or Gill on 838 1983 for further information.

WATER SERVICES LTD.: pump sales and service. Tank repairs, cleaning and new tanks installed. Filtration and water treatment. Phone Phillip on 812-8537 or 027-279-6036.

WEST COAST WATER: for all water deliveries phone Patrick on 812-8079 or 027-288-9111.

WINE AND FOOD MARKET - ELKE'S: open every Saturday morning for fresh Pandoro and German Rye Breads, organic cheeses, german meats, Q-garden pickles and chutneys, chocolates and more. Also a great selection of Siebel wines, Port and Mead at cellar door prices. Tastings available. Open Saturday 10am - 2pm at 113 Sturges Road, Henderson.

Health Lines

It is said that 'we are what we eat' so it could be worth going back to basics in the way of diet instead of constantly running to the chemist for "cliff bottom" remedies. . .

- **Headache** : Eat plenty of fish, as fish oil prevents headaches. So does ginger.
 - **Hayfever** : Consume lots of yoghurt before pollen season. Also eat local honey daily.
 - **Coughing** : Use red peppers.
 - **Colds** : Clear up that stuffy head with garlic, which also lowers cholesterol.
 - **Memory problems** : Oysters help improve your mental functioning by supplying much-needed zinc.
 - **Upset stomach** : Bananas will settle the stomach. Ginger cures morning sickness and nausea.
- (NB: We do not recommend you stop taking prescribed medications for any of the above complaints)

Neighbourhood Support

The names of our current co-ordinators are listed below. If you haven't been approached yet and would like to belong to one of these groups, give the co-ordinator a call.

Mary Kelly, JP 3 Atarua Gardens	814-9857+Fax turtle@xtra.co.nz
Denis Graham Back up - Atarua Gdns	814-9706
Ross & Kath Mullins 330 Forest Hill Road	814-9402+Fax
Jenny McGee 886 West Coast Road	814-9954 jenny.mcgee@xtra.co.nz
Margaret/Paddy Marshall 19 Raroa Terrace	814-9859
Sandy McConnell 550 Scenic Drive	814 9962

Advantages of being a WRRRA member?

Show your membership card at the following businesses for a 10% discount (does not apply to already discounted or sale items).

Glen Eden Landscape Supplies

293 West Coast Rd. Ph: 818 6129

The Nikau Club Café

Scenic Drive Ph: 814 1919 (applies to max 2 adults per visit)

Colourplus Paint & Wallpaper

Glenmall, Glen Eden Ph: 818 8263

Elkes Wine and Food Market

113 Sturges Rd. (Sat 10am-2pm)

Waiatarua Community Hall



Hire this excellent facility for training sessions meetings parties dances birthdays etc.

Fantastic bush setting for a relaxed and pleasant environment.

For booking enquiries phone the WRRRA enquiry line on 814 9353

NOVEMBER - DECEMBER NEWSLETTER

From time to time snippets of news come to our attention via the 'bush telegraph'. We would prefer to access information on any interesting news articles directly from the original source. If you would like to share stories with our community we welcome your contributions wholeheartedly. Please don't hesitate to contact us.

Copy needs to be in the hands of The Editor, by **WEDNESDAY 10th NOVEMBER, 2004**
Robm Essex, 13 Bendalls Lane, Waiatarua.
Phone 814 1850 - E-MAIL: robsx@free.net.nz

The WRRRA Committee would like to thank

Longley Printing Co. Ltd.

29 Bruce McLaren Rd Henderson - Ph. 837 0729

for their support in printing this publication.

Please accept my Membership to the Waiatarua Ratepayers and Residents Association

I enclose: \$10.00 household, \$5.00 Single Occupant

Name

Address

Phone

E-mail

To Treasurer
Waiatarua Ratepayers and Residents Association
911 West Coast Road, Waiatarua, Waitakere City or leave at the library
WEB Site www.waiatarua.org.nz